WOODLANDS SCHOOL, INC.

MCFI

K-8 Hot Lunch

MCFI
MILWAUKEE CENTER FOR INDEPENDENCE

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: **1% WHITE** **FAT FREE CHOCOLATE** **MENU SUBJECT TO CHANGE**		1 Chicken Nuggets Fresh Garden Salad Blend Seasonal Lunch Fruit WG Dinner Roll BBQ Sauce & Ranch Choice of Milk	2 Homemade Meatloaf Fresh Broccoli Bites Seasonal Lunch Fruit WG Buttermilk Biscuit Grape Jelly Packet Choice of Milk	8 Macaroni and Cheese Sweet Green Peas Seasonal Lunch Fruit WG Pretzel Breadstick Choice of Milk
6 Orange Chicken Baby Carrots, 3/4 cup Seasonal Lunch Fruit Brown Rice	7 Chicken Smackers, 10 each Roasted Potatoes (3/4 cup) Seasonal Lunch Fruit WG Maple Mini Waffles, Syrup Cup Choice of Milk	8 Homemade Beef and Bean Chili Fresh Celery Sticks WG Cornbread Seasonal Lunch Fruit Choice of Milk	9 **NO SCHOOL**	10 **NO SCHOOL**
13 Roasted Chicken Leg Baby Carrots and Grape Tomatoes Seasonal Lunch Fruit WG Cornbread BBQ Sauce Packet Ranch Packet Choice of Milk	14 WG Cheese Quesadilla Fiesta Beans WG Goldfish Pretzels Seasonal Lunch Fruit Choice of Milk	15 Creamy Chicken and Gravy Mashed Potatoes WG Dinner Roll WG Chocolate Bear Crackers Seasonal Lunch Fruit Margarine Choice of Milk	16 Hamburger Patty on WG Bun w American Cheese Slice Creamy Coleslaw Seasonal Lunch Fruit Ketchup Packet Choice of Milk	17 Domino's Cheese Pizza Romaine Salad, 3/4 cup eqv Seasonal Lunch Fruit WG Pretzel Breadstick Ranch Packet Choice of Milk
20 Ranchero Chicken & Beans w/ Shredded Cheddar Fresh Baby Carrots Seasonal Lunch Fruit Cilantro Lime Brown Rice Ranch Packet Choice of Milk	21 Italian Meatsauce Romaine Salad Bowtie Pasta WG Pretzel Breadstick Seasonal Lunch Fruit Ranch Packet Choice of Milk	22 WG Chicken Corn Dog Vegetarian Baked Beans Seasonal Lunch Fruit WG Apple Cinnamon Bear Crackers Ketchup Packet Choice of Milk	23 Southwest Beef & Bean Patty with Shredded Mozz Cheese Elotes Corn Salad Seasonal Lunch Fruit WG Hamburger Bun Ketchup and Mayo Choice of Milk	24 Mac and Cheese Steamed Green Beans Seasonal Lunch Fruit WG Dinner Roll Choice of Milk
27 Sweet and Sour Chicken Baby Carrots Seasonal Lunch Fruit Brown Rice Ranch Packet Choice of Milk	28 All-Natural Turkey Hot Dog Vegetarian Baked Beans, WG Hot Dog Bun Seasonal Lunch Fruit Ketchup Packet Choice of Milk	29 Beef & Gravy over Pasta Baby Carrots Seasonal Lunch Fruit WG Dinner Roll Margarine Packet Choice of Milk	30 Italian Turkey Meatball Sub on WG bun Steamed Green Beans Seasonal Lunch Fruit Choice of Milk	31 Domino's Cheese Pizza Romaine Salad Seasonal Lunch Fruit WG Animal Cracker Ranch Packet Choice of Milk

This institution is an equal opportunity provider.

2.13.2023